

VUE ENTERTAINMENT DRINKS NUTRITIONAL INFORMATION

The nutritional drinks information listed below includes a standard serving of ice.

SOFT DRINKS

	Energy/ Kilojoules (KJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (ml) (per pack)	Carbohydrate (ml) (per pack)	of which sugars (ml) (per pack)	Fat (ml) (per pack)	of which saturates (ml) (per pack)	Salt equivalent (ml) (per pack)
Coca Cola (Dispensed)								
Large	1049.0	250.3	0.0	63.2	63.2	0.0	0.0	0.0
Regular	725.1	173.0	0.0	43.7	43.7	0.0	0.0	0.0
Junior	524.5	125.2	0.0	31.6	31.6	0.0	0.0	0.0
Kids	389.0	92.8	0.0	23.4	23.4	0.0	0.0	0.0
Coke Zero (Dispensed)								
Large	11.9	3.0	0.0	0.0	0.0	0.0	0.0	0.0
Regular	8.2	2.1	0.0	0.0	0.0	0.0	0.0	0.0
Junior	6.0	1.5	0.0	0.0	0.0	0.0	0.0	0.0
Kids	4.4	1.1	0.0	0.0	0.0	0.0	0.0	0.0
Diet Coke (Dispensed)								
Large	6.0	1.8	0.0	0.0	0.0	0.0	0.0	0.0
Regular	4.1	1.2	0.0	0.0	0.0	0.0	0.0	0.0
Junior	3.0	0.9	0.0	0.0	0.0	0.0	0.0	0.0
Kids	2.2	0.7	0.0	0.0	0.0	0.0	0.0	0.0
Fanta Orange (Dispensed)								
Large	470.8	113.2	0.0	26.8	26.8	0.0	0.0	0.1
Regular	325.5	78.3	0.0	18.5	18.5	0.0	0.0	0.1
Junior	235.4	56.6	0.0	13.4	13.4	0.0	0.0	0.1
Kids	174.6	42.0	0.0	9.9	9.9	0.0	0.0	0.0
Sprite Zero (Dispensed)								
Large	23.8	6.0	0.0	0.0	0.0	0.0	0.0	0.4
Regular	16.5	4.1	0.0	0.0	0.0	0.0	0.0	0.3
Junior	11.9	3.0	0.0	0.0	0.0	0.0	0.0	0.2
Kids	8.8	2.2	0.0	0.0	0.0	0.0	0.0	0.2
Schweppes Lemonade (Dispensed)								
Regular	447.0	107.3	0.0	25.0	25.0	0.0	0.0	0.3

FROZEN DRINKS

	Energy/ Kilojoules (KJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (ml) (per pack)	Carbohydrate (ml) (per pack)	of which sugars (ml) (per pack)	Fat (ml) (per pack)	of which saturates (ml) (per pack)	Salt equivalent (ml) (per pack)
Tango Ice Blast Raspberry No Sugar								
Large	357.8	85.2	0.0	33.2	0.0	0.0	0.0	0.0
Regular	226.8	54.0	0.0	21.1	0.0	0.0	0.0	0.0
Junior	119.3	28.4	0.0	11.1	0.0	0.0	0.0	0.0
Tango Ice Blast Sugar Free Orange								
Large	391.9	93.7	0.0	33.2	0.0	0.0	0.0	0.0
Regular	248.4	59.4	0.0	21.1	0.0	0.0	0.0	0.0
Junior	130.6	31.2	0.0	11.1	0.0	0.0	0.0	0.0
Tango Ice Blast Cherry No Sugar								
Large	357.8	85.2	0.0	33.2	0.0	0.0	0.0	0.0
Regular	226.8	54.0	0.0	21.1	0.0	0.0	0.0	0.0
Junior	119.3	28.4	0.0	11.1	0.0	0.0	0.0	0.0

MILKSHAKES

	Energy/ Kilojoules (KJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (ml) (per pack)	Carbohydrate (ml) (per pack)	of which sugars (ml) (per pack)	Fat (ml) (per pack)	of which saturates (ml) (per pack)	Salt equivalent (ml) (per pack)
Chocolate								
Regular	2367.3	565.5	16.5	87.7	83.3	8.8	4.9	0.4
Junior	1724.4	411.9	13.2	59.5	57.1	7.0	3.9	0.2
Strawberry								
Regular	2236.5	534.3	15.7	81.1	79.0	8.3	4.6	0.2
Junior	1659.0	396.3	12.8	56.2	54.9	6.8	3.8	0.2
Vanilla								
Regular	1699.5	405.9	15.5	49.2	48.5	8.3	4.6	0.2
Junior	1390.5	332.1	12.7	40.2	39.7	6.8	3.8	0.2

HOT DRINKS

	Energy/ Kilojoules (KJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (ml) (per pack)	Carbohydrate (ml) (per pack)	of which sugars (ml) (per pack)	Fat (ml) (per pack)	of which saturates (ml) (per pack)	Salt equivalent (ml) (per pack)
English Breakfast Tea								
Large	80.0	22.0	1.7	2.2	2.2	0.4	0.2	0.1
Regular	40.0	11.0	0.8	1.1	1.1	0.2	0.1	0.0
Earl Grey Tea								
Large	80.0	22.0	1.7	2.2	2.2	0.4	0.2	0.1
Regular	40.0	11.0	0.8	1.1	1.1	0.2	0.1	0.0
Green Tea								
Large	2.0	2.0	0.1	Trace	Trace	Trace	Trace	Trace
Regular	2.0	2.0	0.1	Trace	Trace	Trace	Trace	Trace
Peppermint Tea								
Large	2.0	2.0	0.1	Trace	Trace	Trace	Trace	Trace
Regular	2.0	2.0	0.1	Trace	Trace	Trace	Trace	Trace
Camomile Tea								
Large	2.0	2.0	0.1	Trace	Trace	Trace	Trace	Trace
Regular	2.0	2.0	0.1	Trace	Trace	Trace	Trace	Trace
Hot Chocolate								
Large	1175.2	278.2	13.7	46.7	46.1	3.9	2.4	0.5
Regular	587.6	139.1	6.9	23.3	23.0	2.0	1.2	0.2
Lavazza Coffee								
Large	39.6	10.8	72.0	144.0	72.0	36.00	0.0	Trace
Regular	19.8	5.4	36.0	72.0	36.0	18.00	0.0	Trace
Lavazza Latte								
Large	570.4	136.2	66.5	127.3	71.3	30.84	1.7	0.4
Regular	285.2	68.1	33.3	63.7	35.7	15.42	0.9	0.2
Lavazza Cappuccino								
Large	353.8	84.9	62.3	121.2	65.2	29.70	1.0	0.2
Regular	176.9	42.5	31.1	60.6	32.6	14.85	0.5	0.1

PACKAGED DRINKS

	Serving size (ml)	Energy/ Kilojoules (KJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (ml) (per pack)	Carbohydrate (ml) (per pack)	of which sugars (ml) (per pack)	Fat (ml) (per pack)	of which saturates (ml) (per pack)	Salt equivalent (ml) (per pack)
Abbey Well Water									
Packed	250	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Glaceau Smartwater Still									
Packed	600	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Glaceau Smartwater Sparkling									
Packed	600	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Cherry Coke Zero									
Packed	500	5.0	1.5	0.0	0.0	0.0	0.0	0.0	0.1
Coke Zero									
Packed	500	5.0	1.5	0.0	0.0	0.0	0.0	0.0	0.0
Coke Zero Peach									
Packed	500	10.0	2.0	0.0	0.0	0.0	0.0	0.0	0.1
Diet Coke									
Packed	500	10.0	2.5	0.0	0.0	0.0	0.0	0.0	0.0
Diet Cherry Exotic Mango									
Packed	500	5.0	1.5	0.0	0.0	0.0	0.0	0.0	0.1
Dr Pepper									
Packed	500	420.0	100.0	0.0	24.5	24.5	0.0	0.0	0.0
Dr Pepper Zero									
Packed	500	10.0	2.0	0.0	0.0	0.0	0.0	0.0	0.0
Fanta Fruit Twist									
Packed	500	420.0	100.0	0.0	24.0	24.0	0.0	0.0	0.0
Fanta Icy Lemon									
Packed	500	395.0	95.0	0.0	22.5	22.5	0.0	0.0	0.1
Fanta Orange									
Packed	500	395.0	95.0	0.0	23.0	23.0	0.0	0.0	0.0
Lilt									
Packed	500	420.0	100.0	0.1	22.5	22.5	0.0	0.0	0.0

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Sprite									
Packed	500	295.0	70.0	0.0	16.5	16.5	0.0	0.0	0.0
Oasis Citrus Punch									
Packed	500	355.0	85.0	0.0	20.5	20.5	0.0	0.0	0.0
Oasis Summer Fruits									
Packed	500	355.0	85.0	0.0	20.5	20.5	0.0	0.0	0.0
Oasis Sour Apple Cherry									
Packed	500	375.0	90.0	0.0	20.5	20.5	0.0	0.0	0.5
Oasis Summer Fruits Xtra Light									
Packed	500	65.0	15.0	0.0	2.5	2.5	0.0	0.0	0.5
Fuze tea Mango Chamomile									
	400	316.0	76.0	0.0	17.6	17.2	0.0	0.0	0.1
Fuze tea Peach Hibiscus									
	400	316.0	76.0	0.0	17.2	17.2	0.0	0.0	0.1
Monster Ultra									
Packed	500	65.0	15.0	0.0	4.5	0.0	0.0	0.0	1.0
Monster Hydro Mean Green									
Packed	550	869.0	203.5	0.0	49.5	25.3	0.0	0.0	0.2
Monster Hydro Tropical Thunder									
Packed	550	830.5	198.0	0.0	49.5	25.3	0.0	0.0	0.0
Capri Sun Orange									
Packed	330	290.4	69.3	0.0	16.2	16.2	0.0	0.0	0.0
Fruit Shoot Low Sugar Blackcurrant and Apple									
Packed	200	42.0	10.0	0.0	1.6	1.6	0.0	0.0	0.0
Packed	275	57.8	13.8	0.0	2.2	2.2	0.0	0.0	0.0
Fruit Shoot Low Sugar Orange									
Packed	200	42.0	10.0	0.0	1.6	1.6	0.0	0.0	0.0
Packed	275	57.8	13.8	0.0	2.2	2.2	0.0	0.0	0.0

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Fruit Shoot Hydro Orange and Pineapple									
Packed	350	14.0	3.5	0.0	0.0	0.0	0.0	0.0	0.1
Fruit Shoot Hydro Blackcurrant									
Packed	350	14.0	3.5	trace	nil	nil	nil	nil	0.0
J20 Orange and Passionfruit									
Packed	330	316.8	75.9	0.0	15.8	15.5	0.0	0.0	0.0
J20 Apple and Mango									
Packed	330	290.4	69.3	0.0	15.5	15.5	0.0	0.0	0.2
San Pellegrino Aranciata									
Packed	330	594.0	141.9	0.0	33.0	32.0	0.0	0.0	0.0
San Pellegrino Limonata									
Packed	330	1036.2	247.5	0.0	34.7	33.0	0.0	0.0	0.0
Irn-Bru									
Packed	500	420.0	100.0	2.5	24.0	23.5	0.0	0.0	0.1
Irn-Bru Sugar Free									
Packed	500	15.0	3.5	2.5	0.0	0.0	0.0	0.0	0.1
Red Bull									
Packed	250	480.0	115.0	0.0	27.5	27.5	0.0	0.0	0.0
Riverrock (Dublin)									
Packed	330	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Packed	500	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Packed	750	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Fruice Juicy Apple & Blackcurrant (Dublin)									
Packed	250	12.5	52.5	0.3	2.5	2.5	trace	trace	trace
Powerade 104 Berry and Tropical flavour (Dublin)									
Packed	500	355.0	80.0	0.0	19.5	19.5	0.0	0.0	trace